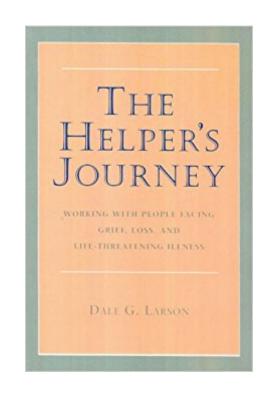


# The book was found

# The Helper's Journey: Working With People Facing Grief, Loss, And Life-Threatening Illness





# Synopsis

This groundbreaking work, written for both professionals and volunteers, combines an inspiring view of helpers and helping with a focus on meeting the personal, interpersonal, and team challenges of caring for people facing grief, loss, and life-threatening illness. It teaches specific skills and strategies for stress management, effective helping communication, interdisciplinary teamwork, and increased personal and professional growth. Sensitively exploring the inner world of helping, this award-winning book includes numerous case examples and verbatim disclosures that powerfully convey the joys and sorrows of the helper's journey.

## **Book Information**

Paperback: 278 pages Publisher: Research Press; 1 edition (December 1, 1993) Language: English ISBN-10: 0878223444 ISBN-13: 978-0878223442 Product Dimensions: 0.8 x 6 x 9 inches Shipping Weight: 12 ounces (View shipping rates and policies) Average Customer Review: 4.4 out of 5 stars 5 customer reviews Best Sellers Rank: #351,839 in Books (See Top 100 in Books) #38 in Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Caregiving #686 in Books > Self-Help > Death & Grief > Grief & Bereavement #1303 in Books > Health, Fitness & Dieting > Psychology & Counseling > Counseling

## **Customer Reviews**

Dr Dale G. Larson , Ph.D., (U. C. Berkeley), is Professor, Department of Counseling Psychology, at Santa Clara University, USA. He is a national leader in end-of-life care and training. Dr. Larson co-directed the pioneering NIMH-funded Berkeley Hospice Training Project, chaired NHPCO's First National Conference on Hospice Volunteerism, and created the award-winning Hospice Home Page website. In 2001 he was Senior Editor and a contributing author for the national newspaper series, Finding Our Way: Living with Dying in America , which reached seven million Americans. Dr. Larson has published extensively on psychosocial issues in end-of-life care and on self-concealment and health. A Fulbright Scholar and a Fellow in the American Psychological Association (Divisions 17 and 38), he has been a Summer Scholar at the Stanford Center for Advanced Study in the Behavioral Sciences and a W.K. Kellogg Foundation Expert in Residence. He is a popular national and international speaker, and in 2007 he received the Kara Pioneer Award for his contributions to end-of-life care.

I was given this by a therapist friend while caring for my terminally ill mother. Every day was a tragedy I didn't understand... I didn't understand so much at first. This book was one of the few... of many.. that truly helped. By learning why my mother acted as she did sometimes, (badly), and why I, well, pretty much did the same helped us both. What I learned here allowed me to ease my mother's passage, and has in fact inspired me to finally get that nursing degree. This book would be a great gift for anyone in any helping profession, especially any kind of health care or caregivers.

#### ok

This book arrived in excellent condition and I bought it for under a dollar. It looked brand new. It is an easy read with a fresh perspective. As a Hospice nurse I found the feelings that a caregiver might be having as right on. i totally related to it. A must have for those who deal in end of life issues.

Good

## Great

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